

Chariho High School Parent/Teacher Organization Newsletter

November/December 2010

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Upcoming Events

- 11/8 - Gift Card Fundraiser Begins
- 11/10 - Photo re-takes
- 11/10- Evening Guidance
- 11/11 - NO SCHOOL
- 11/13- Holiday Art Sale
- 11/17 -Community Drawing Event
- 11/18 - Early Release 12:45
- 11/25-26 - Thanksgiving recess- NO SCHOOL
- 11/30 - Evening Guidance
- 12/2 - Open Forum
- 12/6-7 - Parent Conferences
- 12/7 - PTO Meeting
- 12/15 - Financial Aid Night
- 12/15 - Evening Guidance

Dear Parents and Guardians:

Red Ribbon Week was recently celebrated in schools across the country. The goal is to raise awareness about the dangers of substance use and encourage students to make healthy and responsible decisions. On the following page of this newsletter, Danette Bray, our Student Assistance Counselor, shares some of what she hears in her role on a regular basis. It is important for all of us to know about the unhealthy choices our sons and daughters are making. Most parents and guardians cannot imagine that their sons and daughters are doing these things, but unfortunately they are. After reading Danette's article, I hope that you will be more attentive to the signs and symptoms of alcohol and other substance use. If you have any questions or would like more information, please do not hesitate to contact Danette. She is highly skilled at helping parents respond to the challenges of dealing with this important issue.

Sincerely,
Bob



Red Ribbon Week, which took place October 25th -29th, is the oldest and largest drug prevention campaign in the country. Red Ribbon Week serves as a vehicle for communities and individuals to take a stand for the hopes and dreams of our children through a commitment to drug prevention and education and a personal commitment to live drug- free lives with the ultimate goal being the creation of drug-free America.

As the Student Assistant Counselor of Chariho High School, I would like to share some of what I hear from students in my role as a substance abuse counselor. My goal is not to scare anyone but to make parents aware that these things are happening in our homes and in our communities. Parents need to be aware of the warning signs of alcohol use and the use of other drugs.

According to the latest survey, **43% of Chariho students drank in the 30 days prior to the survey**. Kids drink to get drunk. Students tell me scary stuff. Sixteen shots of rum just to see what would happen, a pint of whiskey because a girl gets dumped by her boyfriend, a 30-pack for four boys because they win a game (or lose). A boy told me he took all of the pain pills in a bottle because he couldn't sleep when he found out his girlfriend cheated on him. A boy drinks before he goes to bed at night, in his room, where he keeps a stash. Another girl got some Adderall (a stimulant prescribed for ADHD) to do better on a test. Every day, the stories are endless and scary.

The reason students do this doesn't matter; these are the substances they are using. They can get it easily. They get alcohol and other drugs from your house, older siblings or the kids next door. Unlike adults, they don't understand how alcohol will affect them. They have no idea how much it takes to make them talk too much or jump off the garage roof or have sex with someone they barely know. They drink to get drunk; they drink upstairs or downstairs in your house when you are sleeping or watching a movie; they drink at their friend's house while the parents are out having dinner or working; they drink out in the yard and in the
(Continued)

woods. They drink to intoxication, and they have no idea how much that takes or what can happen to them. This year, **74% of Chariho juniors reported that they can drink without their parents ever finding out.** Maybe we could curb that behavior if they knew they would be caught. We must be diligent.

All types of kids drink. Or, if they aren't drinking, their friends are. The kids who don't drink aren't safe either; they are around people who do, and bad stuff happens.

Teens need to earn their freedom, privacy and privileges, and it is our job to be aware and pay attention. They need our rules and good sense to help them make good choices like not going to a party when there will be drinking or getting into a car when someone has been drinking or smoking marijuana.

Make sure your kids know where you stand about using drugs and alcohol; it gives them an excuse to say no and helps them stay committed to their decision not to use. It makes them scared of facing you and the consequences if caught. If you let your child stay overnight at a friend's, make sure the parents are home and feel the same way you do about underage drinking. If you have their friends over, set a time they must be picked up; don't be afraid to go in and check on them; it is your house. Lock up your alcohol and prescription medicines. Enforce rules and follow through on consequences. Don't turn a blind eye or be afraid to confront a teen you think is under the influence. Many kids tell me there were times when they could barely walk, and the adults said nothing to them. If you are worried about your child, seek help through school or private counseling.

Parents, the school and the community need to work together to curb underage drinking. We need to do everything we possibly can to prevent a tragedy from happening to our students and our families. Please contact me at any time if you have questions, concerns, or need advice on how to deal with this important issue.

Sincerely,
Danette Bray
CHS Student Assistance Counselor

With state assessments behind us for the time being, guidance has started our new ILP process. ILP, short for individual learning plan, is an opportunity for all students to establish goals. The ILP has been required in grades 5-12 since the high school regulations were first introduced in 2002. Previous to this year, our ILP was in folder format and involved a one-on-one interview with a guidance counselor. Starting this year, each student will complete an ILP online at the WaytogoRI website during a guidance lesson in advisory. Later this spring, guidance counselors will meet one-on-one with students to discuss answers and progress towards goals and to make changes as appropriate. We hope to introduce all students to the new process by the end of December. Our hope is that your children will share their goals with you.

Seniors are encouraged to submit all college applications by the end of December (regardless of due dates) as the focus in January should switch to financial aid and scholarships. Guidance counselors will be visiting senior advisories in early December to share financial aid information. An informational meeting for parents will be held on December 15th at 6:30 in the Library Media Center. Everyone attending a post-secondary institution is encouraged to apply for financial aid at www.fafsa.ed.gov starting November 1st. Available scholarships can be found on the guidance section of the high school website. Students can download applications right from the website or pick up copies in the guidance office.

Presentations about the Career & Technical Center will take place in

ninth grade advisories in early November. Freshman will then have the opportunity to tour the facility and speak with students and teachers involved with the various programs. Applications will be handed out at this time and are also available on the Chariho website. As a parent, if you have questions about how a Career & Technical education can benefit your child or how a program will fit into your child's schedule, please call or email us. The Career & Technical teachers are more than willing to answer questions about their individual programs as well so please do not hesitate to contact them.

PSAT scores will arrive the first week of December. Students involved will receive their score sheets, as well as their test booklets, back. In addition, guidance will explain to students how to read their scores and how to access the opportunities available to them as a result of taking the test. For those students who missed out on this opportunity unfortunately the next test will not happen until October 2011. Juniors should plan on taking the SAT in May or June.

Guidance evening hours are available November 10th and 30th and December 15th. Please call 315-2834 if you are interested in making an appointment. A guidance counselor is available until 7:30 in the evening to address your concerns

Enjoy the autumn weather,
Stacy Haines-Mayne
Guidance Director

Earn \$ for CHS While You Shop!

Shop for your household items and holiday gifts by purchasing gift cards from any of dozens of popular retailers and raise money for Chariho High School at the same time! CHS's exciting new fundraiser, called "Scrip," is the fundraising program that works while you shop. Look for the order form being sent home with your student on Monday, November 8th.

Here's how Scrip works: Participating retailers agree to sell gift cards to CHS at discounts ranging from 2%-15% or more. Families like yours buy the gift cards for full face value, they redeem them for full face value and CHS keeps the difference. The gift cards on the order form are the same gift cards you buy at the store and are accepted at all participating retailer locations. Use them to purchase groceries, gas, clothing, toys, gifts and more! Some of the popular retailers participating in the Scrip program include Walmart, Macy's, American Eagle, Applebees, GAP, Dunkin Donuts, CVS, Stop & Shop, JC Penney, Shell and many, many more. Please consider making the purchases you would probably make anyway by purchasing some of these gift cards; you'll be helping CHS at the same time!

All order forms, along with payment, must be submitted to the high school's main office by November 19th. Please make all checks payable to Chariho High School PTO. All payments must be submitted with the orders. Gift cards will be available for pick-up at Parent/Teacher conferences on December 6th and 7th. More information on pickup will follow.

Please contact Tammy Anderson at tam505@cox.net with any questions.

Please note: Payment should be submitted for the full face value of the gift cards. The discount % listed on the order form represents the amount to be earned by CHS.

Media Center

The Chariho High School Library Media Center has many new resources to share that support teaching and learning. Our online resources include Infotrac, opposing Viewpoints in Context, ABC-Clio history databases, ebooks, videostreaming and live tutoring help.

Exciting new fiction and non-fiction titles are available for pleasure reading, required reading and the school's Silent Sustained Reading (SSR) program.

On the following page of this newsletter you will find the *Student Guide to Online Resources*, which includes links and passwords to these resources. Please visit the library website at <http://www.chariho.k12.ri.us/chslibmain> and check out the other helpful information and links available to you. You can also link to the Library Media Center webpage from the High School homepage. We look forward to working with your students. Please contact one of us if you have any questions.

We will be attending the December PTO meeting on December 7, 2010, where we will talk about our library program, show parents our online resources and answer any questions.

Mary Manning, Library Media Specialist
mary.manning@chariho.k12.ri.us

Mary Moen, Library Media Specialist
mary.moen@chariho.k12.ri.us

OPEN FORUM with the SUPERINTENDENT OF SCHOOLS

Ask Questions....Get Answers...Give Feedback

DECEMBER 2, 2010

6:30 PM

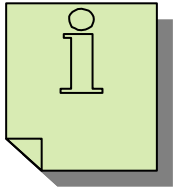
Chariho Middle School Library

EVERYONE WELCOME!

Barry J. Ricci

Superintendent of Schools

All Kids...All of the Time



CHARIHO REGIONAL HIGH SCHOOL
LIBRARY MEDIA CENTER

Student Guide to Online Resources
CHS Library Homepage URL:
<http://www.chariho.k12.ri.us/chslibmain>



Library Catalog Login

This **Inter-Library Loan Service** accesses the catalogs of over 100 high and middle schools in Rhode Island. Request a book and it will be delivered to Chariho in about a week (free service).

Access from the CHS library website from school or home: Click on Library Catalog and RILINK

Username: cho (plus your 6 digit student id) example: cho987654 Password: cho

From Search Screen, at "Location" drop down menu select "RICAT"

Online Resources:

Access from school or home: CHS Library homepage - Click on "Online Resources" <http://www.chariho.k12.ri.us/chslibsubs>

World Book Online Reference Center Username: rilink Password: stars

Gale Databases

- Novels for Students - analysis, context and criticism on commonly studied novels
- Student Edition - magazines, newspapers, biographies & primary sources
- Discovering Collection – multi-media content aligned to national curriculum standards
- Opposing Viewpoints in Context – content to support both sides of an issue - great for persuasive essays
- Virtual Reference Library – eBooks on the Environment, History, Nation and World, Science

Password: chargers

ABC-Clio History Databases Reference content including primary sources, articles, documents and visuals

- American History
- United States at War
- World History: The Modern Era
- World History: Ancient

Username: chariho Password: chargers

eBooks

Electronic versions of books available in the Chariho High School Library. Available 24/7 via Internet.

Password: chargers

Discovery Education – Videostreaming

Access to more than 2,000 full-length videos and 24,000 clips and hundreds of images over the internet.

URL: <http://www.discoveryeducation.com> or click on the link from CHS library homepage.

Username: cho (plus 6 digit student id) example: cho987654 Password: chargers

Homework Help RI

Live one-to-one help with a certified tutor From 2:00 pm until 10:00 pm

Access from home at CHS Library homepage or <http://www.homeworkhelpri.org>

Chariho Post-Grad Community Festival

CHS's new post-grad committee is excited about planning the 2011 post-grad celebration! Seniors: this year's post-grad party will not be held at the Westerly YMCA; in fact it will not be held at any YMCA in RI!!

The post-grad committee has received permission from Mr. Ricci to sponsor a brand new post-grad fundraiser : the *Chariho Post- Grad Community Festival*. This event, to be held on May 14, 2011, will be huge! We are seeking local farms and restaurants to participate in a BBQ cook-off where celebrity judges will determine the best BBQ in the Chariho region. We are also seeking local community members to showcase their businesses by becoming vendors at this community event.

We are hopeful that this event will become our biggest fundraiser yet and will continue to grow yearly. Please support the Chariho post-grad committee's efforts to support the youth of Chariho with this important drug-free and alcohol-free event. For more information, contact the post-grad committee at CharihoPostGrad@hotmail.com



"THE BIG DRAW!!!"

Come and see what all the noise is about.



A COMMUNITY DRAWING EVENT WHERE EVERYONE CAN DRAW AND DOODLE.

**COME AND WITNESS THE VALUE OF DRAWING AS IT FOSTERS LEARNING AND CREATIVITY
ACROSS ALL SUBJECT MATTER AND BEYOND.**



*Artists, parents, teachers
and community members are all welcome.*

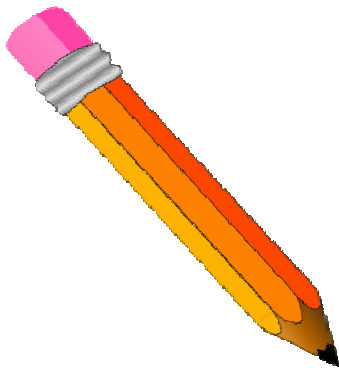


CHARIHO MIDDLE SCHOOL

NOVEMBER 17, 2010

3:30-5:30

ART ROOM 2



*Workshop will be taught by
Sandra Aarons Krupp, MSW, Artist, Teacher*



'P or for more information:

Debbie Engel

daeng@chariho.k12.ri.us

401-315-2191

**Based on the "wildly successful" program in the United Kingdom
Check out the U.K. Big Draw: www.campaignfordrawing.org/bigdraw**



Chariho Art Center's Art & Artisan Sale



*Chariho High School
455 Switch Road
Wood River Junction, RI*

November 13, 2010

10- 3 PM



You are invited to Chariho's annual Holiday Art & Artisan Sale featuring many local artists. Photography, stained glass, original paintings, sterling silver jewelry, hand crafted wooden bowls, pottery, hand made soap, original crafts, and much more will be for sale.

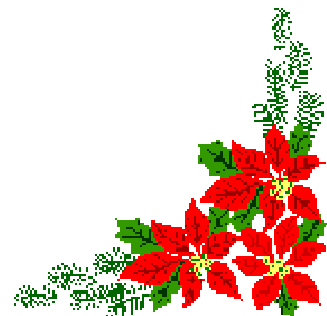
Stop by, meet the artists, and find the perfect gift for someone special.

At 12:00 p.m. there will be a performance by the Chariho High School Vocal Select under the direction of Lynn Dowding.

*For more information contact:
daeng@chariho.k12.ri.us*

Silent Auction of artwork donated by the artists. Proceeds to benefit The Chariho Art Center. Bidding stops at 3:00 p.m.

Hope to see you there!



Travel Club News

New members still welcome! Contact Mrs. Allen ASAP if interested in getting more information about this year's trip to Germany, Austria, and Switzerland.

In 2012, we will be traveling to Ireland, England, and Scotland. Sign up now to get a cheaper rate!

Information can be obtained by contacting Mrs.Allen at:

Susan.Allen@chariho..k12.ri.us <mailto:Susan.Allen@chariho.k12.ri.us>



Spirit Clothing Order Form

Student's Name _____ Phone #s: _____ or _____

For Hooded Sweatshirts, Quarter Zip Pullover Fleece, & Full Zip Fleece, circle preferred logo style



NAME AND OR GRADUATION YEAR CAN BE ADDED ON SLEEVE OF ANY ITEM FOR ADDITIONAL 5.00

Hooded Sweatshirts

Color (check one): Ash (lt.gray)___ Green _____ Size S___ M___ L___ XL___ 2X___ 3X___

Price: \$35 2X and 3X \$40.00

Year of Graduation if desired _____ (check one) 2010___ 2011___ 2012___ 2013___ Etc

Name if desired, please print clearly: _____

Quarter zip Pullover Fleece Jacket

Green Only Size S___ M___ L___ XL___ *2X___ *3X___ Price: \$35 (*2X, 3X = \$40)

Year of Graduation if desired _____ Please indicate _____

Name if desired, please print clearly: _____

Full zip Fleece Jacket

Green Only Size S___ M___ L___ XL___ *2X___ *3X___ Price: \$37 (*2X, 3X = \$40)

Year of Graduation if desired _____ Please indicate _____

Name if desired, please print clearly: _____

T Shirts "CHARIHO" in arch across front

Long Sleeve = \$20.00 2X and 3X 23.00: Gray ___ Green _____ size S___ M___ L___ XL___ 2X___ 3X___

Short Sleeve = \$15.00 2X and 3X 18.00: Gray ___ Green _____ size S___ M___ L___ XL___ 2X___ 3X___

New Item Girls white tank top w/ CHARIHO across front. S___ M___ L___ XL___ Price \$20.00 _____

New Item Men's green nylon "v" neck pullover w/CHARIHO logo S___ M___ L___ XL___ 2XL___ Price \$42.00 _____

**Make checks payable to Chariho High School Parent Organization and send with your order to the main office or mail to: CHS Parent Organization ATTN. Spirit Clothing Order Chariho High School, 453 Switch Road, Wood River Junction, RI 02894
E-mail Little5ri@cox.net with any questions.**

DON'T FORGET TO PLACE YOUR HOLIDAY ORDERS EARLY!



CHARIHO CHARGER 2011 YEARBOOK Order Form



Checks Payable to:

Chariho SAF #399H

Mail to: Chariho High School Attention:
Yearbook Order
453 Switch Road
Wood River Jct., RI 02894

2011 Yearbook Pricing Schedule

Personalized Book (Name on Cover) Preorder 9/1/10 through 12/1/10	\$65
Regular Book Preorder 9/1/10 through 4/1/11	\$60
Regular Book Preorder after 4/1/11	\$70

Please be sure to fill out form entirely.

Student Name **Grade**

Personalized Name to Appear on your Yearbook. **PLEASE PRINT CLEARLY!**
(Orders must be received by **12/1/10** for this option.)

Date: _____

Amount Enclosed: \$ _____ (circle one) Cash or Check Check # _____

(Cancelled checks serve as receipt of purchase. If paid in cash, the student will be given a receipt as proof of purchase. Please retain all documents.)

Please visit www.chariho.k12.ri.us/yearbook for more information!