



2012

FEBRUARY

Middle School and RYSE Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
30 Beef & Cheese Nachos Popcorn Chicken <i>Corn and Black Beans</i> Chicken Caesar Salad Buffalo Chix Wrap Turkey Grinder	31 Lasagna w/ Breadstick Chicken Nuggets <i>Tossed Side Salad</i> Ranch Chicken Salad Tuna Salad Sandwich Ham & Cheese Wrap	1 Waffles w/ Warm Cinnamon Apples & Whipped Cream Taco Bites The BLT Salad Italian Grinder Veggie Wrap	2 Sweet & Sour Chicken w/ Rice Buffalo Chicken Tenders <i>Green Beans</i> GardenSalad&CheeseStick Chicken Salad Grinder Ranch Chicken Wrap	3 Cheesy Breadsticks w/Dipping sauce Corn Dogs <i>Tossed Side Salad</i> Buffalo Chix Salad All American Sub Chicken Caesar Wrap	Breakfast Students: \$1.00 Reduced: .30 Adults: \$1.50 Lunch Elementary Students: \$2.00 Middle School Students: \$2.25 High School Students: \$2.50 Reduced: .40 Adults: \$3.00 Available Daily: Skim Milk, 1% White, and Fat Free Flavored Milk ***Lactaid will be made available for Students who are Lactose Intolerant upon request. Also offered Daily: Sunny Butter & Jelly Sandwich Questions and Concerns: Please Contact Frances Sayer Assist. Director Chariho Food Services sayer-frances@aramark.com
6 Soft Taco Pie Popcorn Chicken & Potato Wedges in a Basket Chicken Caesar Salad Buffalo Chix Wrap Turkey Grinder	7 Pasta Bar Steak & Cheese w/ Baked Chips in a Basket <i>Steamed Broccoli</i> Ranch Chicken Salad Tuna Salad Sandwich Ham & Cheese Wrap	8 French Toast w/ Sausage and Hashbrown Chicken Tenders in Basket w/ Potato Wedges The BLT Salad Italian Grinder Veggie Wrap	9 Chicken & Gravy w/ Mashed Potato & Roll Burger in a Basket w/Baked Chips <i>Green Beans</i> GardenSalad/CheeseStick Chicken Salad Grinder Ranch Chicken Wrap	10 Tomato Soup w/Toasted Cheese Meatball Sub & Potato Wedges in a Basket <i>Tossed Side Salad</i> Buffalo Chix Salad All American Sub Chicken Caesar Wrap	
13 Beef & Cheese Nachos Popcorn Chicken & Potato Wedges in a Basket <i>Corn and Black Beans</i> Chicken Caesar Salad Buffalo Chix Wrap Turkey Grinder	14 Lasagna w/ Breadstick Steak & Cheese w/ Baked Chips in a Basket <i>Tossed Side Salad</i> Ranch Chicken Salad Tuna Salad Sandwich Ham & Cheese Wrap	15 Waffles w/ Strawberries & Whipped Cream Chicken Tenders in Basket w/ Potato Wedges The BLT Salad Italian Grinder Veggie Wrap	16 BBQ Pulled Pork on a Bun Burger in a Basket w/Baked Chips <i>Green Beans</i> GardenSalad&CheeseStick Chicken Salad Grinder Ranch Chicken Wrap	17 Cheesy Breadsticks w/Dipping Sauce Meatball Sub & Potato Wedges in a Basket <i>Tossed Side Salad</i> Buffalo Chix Salad All American Sub Chicken Caesar Wrap	
20	21	22	23	24	
<h1>WINTER RECESS</h1>					
27 Beef & Cheese Nachos Popcorn Chicken & Potato Wedges in a Basket <i>Corn and Black Beans</i> Chicken Caesar Salad Buffalo Chix Wrap Turkey Grinder	28 Pasta Bar Steak & Cheese w/ Baked Chips in a Basket <i>Steamed Broccoli</i> Ranch Chicken Salad Tuna Salad Sandwich Ham & Cheese Wrap	29 Waffles w/Cinn. Apples & Whipped Cream Chicken Tenders in Basket w/ Potato Wedges The BLT Salad Italian Grinder Veggie Wrap	1 Sweet & Sour Chicken w/ Rice Burger in a Basket w/Baked Chips <i>Green Beans</i> GardenSalad&CheeseStick Chicken Salad Grinder Ranch Chicken Wrap	2 Baked Fish w/Potato Wedges Meatball Sub & Potato Wedges in a Basket <i>Creamy Cole Slaw</i> Buffalo Chix Salad All American Sub Chicken Caesar Wrap	

~HOT SANDWICH SLIDE and PIZZA CHOICES PER DAY~

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
-Chicken Patty /Bun -Cheeseburger -Buffalo Chicken Pizza -Cheese Pizza	-Bosco Sticks -Chicken Nuggets -Cheese Pizza -Pepperoni Pizza	-Chicken Patty/Bun -Taco Bites -White Pizza -Sausage Pizza	-Rib-B-Q Sandwich -Spicy Chicken Sand -Cheese Pizza -Pepperoni Pizza	-Fish Sandwich -Chicken Patty/Bun -Ranch Chicken Pizza -Pepperoni Pizza

Menus are subject to change without notice.